



## MARKET FIELD MENU CHOICE - WEEK ONE SPRING 2026

(W/C 19<sup>th</sup> January, 9<sup>th</sup> February, 9<sup>th</sup> March)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Creamy Chicken & Leek Pasta Bake with Garlic Bread	Mince Beef & Onion Pie with Mash	Roast Gammon, Roast Potatoes, Yorkshire Pudding, Stuffing & Gravy	Butter Chicken Curry with Pilau Rice and Naan Bread	Fillet Fish Burger with Chips
Creamy Vegetable Pasta Bake with Garlic Bread	Vegetable Pie with Mash	Roast Quorn Fillet, Roast Potatoes, Yorkshire Pudding & Gravy	Lentil & Chickpea Curry with Pilau Rice and Naan Bread	Glamorgan Veggie Sausages and Chips
Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Tuna, Beans or Cheese	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potao
Broccoli	Peas	Seasonal Veg	Bombay Potatoes	Peas
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fresh Fruit Platter	Treacle Sponge Pudding & custard	Fruit Jelly	Angel Delight	Fruit Crumble with Cream or Ice Cream
A Selection of fresh fruit, salad and yoghurt available daily fresh milk, water and fruit juice				

**Menu subject to change/availability**

Locally sourced meat, fruit and vegetables

Issued December 2025

MFS Menu Choice



## MARKET FIELD MENU CHOICE - WEEK TWO SPRING 2026

(W/C 5<sup>th</sup> January, 26<sup>th</sup> January, 24<sup>th</sup> February, 16<sup>th</sup> March)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Pasta Bolognese & Garlic Bread	Cream of Chicken Pie with Mash	Roast Chicken, Roast Potatoes, Yorkshire Pudding, Stuffing & Gravy	Sausage Roll with Potato Puffs	Fish Fingers with Chips Bread & Butter
Vegan Bolognese & Garlic Bread	Creamy Vegetable Pie with Mash	Roast Quorn Fillet with Yorkshire Pudding & Gravy	Vegan Sausage Roll with Potato Puffs	Creamy Vegetable Lattice
Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Tuna, Beans or Cheese	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potao
	Mixed Vegetables	Seasonal Veg	Beans	Peas
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fruit Jelly	Belgium Waffle and Fruit Coulis	Arctic Roll	Angel Delight	Cookies
A Selection of fresh fruit, salad and yoghurt available daily fresh milk, water and fruit juice				

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Locally sourced meat, fruit and vegetables

Issued December 2025

MFS Menu Choice



## MARKET FIELD MENU CHOICE - WEEK THREE SPRING 2026

(W/C 12<sup>th</sup> January, 2<sup>nd</sup> February, 2<sup>nd</sup> March, 23<sup>rd</sup> March)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chinese Style Chicken Balls with Rice and a Choice of Sweet and Sour Sauce or Curry Sauce	Beef Meatballs Tomato Pasta & Garlic Bread	Pork Sausage with Roast Potatoes, Yorkshire Pudding, Stuffing & Gravy	Pepperoni Pizza & Hash brown	Fish Cake, Chips with Bread & Butter
Chicken Free Plant Based Salt & Pepper Strips	Maccaroni Cheese with Garlic Bread	Roast Quorn Sausage with Yorkshire Pudding & Gravy	Margherita Pizza & Hash Brown	Veggie Dippers with Bread & Butter
Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Tuna, Beans or Cheese	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato with Cheese, Beans or Tuna	Jacket Potato
Baby Corn	Green Beans	Seasonal Veg	Sweetcorn	Peas/Mushy Peas
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fresh Fruit Platter	Fruit Jelly	Profiteroles	Angel Delight	Pineapple Upside Down Cake & Custard
A Selection of fresh fruit, salad and yoghurt available daily fresh milk, water and fruit juice				

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