

PE and Sports Funding – Impact Report 2016-17

After auditing need within our school, Market Field decided to prioritise PE and Sports Funding for 2016-17 in the following ways:

- Provide staff with training and resources to help them teach PE and Sport more effectively (1 member of staff completed their Level 1 Swimming teacher award with the intention of completing Level 2 in 2017-18, another member of staff completed their Level 2 Forest School Instructor training whilst another member of staff completed their Level 3 Forest School Training), including associated transport costs.
- Allow some experienced members of staff to either train or refresh their training as Educational Visits Coordinators in order to allow more children to go on trips, including associated transport clubs
- Introduce new sports and activities to encourage more pupils to take up sport (participation in gym sessions at Dave’s Gymnastics Academy, after school Dance club (Autumn Term), use of Forest School facilities)
- Continue our offer of Horse Riding lessons for children in Apple, Olive, Poplar and some of Chestnut and swimming lessons for all children in Primary classes
- Run sports competitions and sports activities with other schools (MESSA sports events).
- Supplement the Adventurous Primary residential to Mersea Camp in order to keep costs down for parents.
- New resources for the playgrounds to replace aging and worn out resources.

Funding received 2016-17: £8380

Breakdown of costs:

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| Staff CPD (Swimming/Forest School/EVC) | £1410 |
| Horse Riding (new venue) 30 sessions at £25 per session per group. | £750 |
| Dave’s Gym | £1045 |
| Mersea Camp subsidy | £1200 |
| Forest School costs (hire of Forest at £1 a session plus resources) | £600 |
| Transport costs to and from MESSA events | £170 |
| Swimming lessons (5.80 per child for half hour session. 4 primary classes swim weekly, each with approximately 13 children in. $13 \times 5.80 = 75.40$ per week) | £2,262 |
| Improvements towards playground resources – new trikes and bikes, positive play boards, chalk for mark making, play sand etc. | £943 |

Impact of funding:

Staff CPD: More children are now able to access Forest School experiences across the year because more staff are trained to deliver it. This has an impact on the children's levels of confidence and self-esteem and focuses on what they "can do". Once the staff member completing her swimming teaching has finished her level 2 training (2017-18) more children will be able to access swimming lessons with an 'in house' swimming teacher.

Horse Riding: Children have improved their muscle strength, balance and core stability. Some children also received certificates in stable management and pony care.

Dave's Gym: Greater levels of participation in PE lessons, children enthused and motivated. Improvements noted in core stability, muscle tone and overall levels of fitness.

Mersea Camp: Improvements in resilience ("can do" attitude), improved self-esteem, enthusiasm and greater levels of confidence.

Swim school: Water confidence increased improved levels of fitness and stamina (measured in children able to swim further than previously).

Forest School: Improved levels of confidence and self-esteem.

MESSA sporting events: Increased participation in a range of sporting events children wouldn't usually take part in (Boccia, Handball), improvements in social skills (mixing with a range of children), opportunities to take part in competition style events.

Playground equipment: Children 'doing' at playtime, increased levels of balance, opportunities to cooperate and share with other children.

In 2017-18, we intend to publish a few case studies showing the impact sports funding has had on our children.

Identified funding priorities 2017-18:

- Staff CPD – swimming teacher level 2
- Forest school instructor level 3 (this enables the instructor to light campfires to add an additional element to the Forest School experience).